



Center *for*  
Rural Health

University of North Dakota  
School of Medicine & Health Sciences

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# Pesticide Exposure, Intelligence and Children: Preliminary Results

Patricia Moulton, Ph.D.

National Pesticide Forum

Washington, D.C.

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Environmental and Health Science

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# Pesticide Research Team

## **UND Faculty**

Thomas Petros  
Patricia Moulton  
Ric Ferraro  
Sally Pyle  
Sue Offutt  
Steve Hawthorne  
Ruth Paur

## **CDC Pesticide Laboratory**

Dana Barr  
Charles Dodson  
Ralph Whitehead

## **Phlebotomists**

Sandie Antonson  
Kristi Grove  
Tara Johnso  
Dawn Korynta  
Naomi Sterf  
Tara Waldal

## **Graduate Students**

Holly Dannewitz  
Matt Garlinghouse  
Shyla Muse  
Matthew Myrvik  
Anna Marie Carlson  
Jason Douglas  
Patrick Kerr  
Karyn Plumm  
Kristi Sather  
Caitlin Schultz  
Jen Short

## **Undergraduate Students**

Cassandra Lee  
Silje Lynne  
Ashley Olson  
Bethany Reuter  
Christine Wegner  
Catherine Woell





# What are Pesticides?

- Herbicides
- Insecticides
- Rodenticides
- Fungicides





# Pesticide Exposure and Children



NeuroToxicology 26 (2005) 573–587

## NeuroToxicology

### A Summary of Recent Findings on Birth Outcomes and Developmental Effects of Prenatal ETS, PAH, and Pesticide Exposures

F.P. Perera<sup>a,\*</sup>, V. Rauh<sup>b</sup>, R.M. Whyatt<sup>c</sup>, D. Tang<sup>c</sup>, W.Y. Tsai<sup>d</sup>, J.T. Berner<sup>e</sup>, Y.H. Tu<sup>f</sup>, H. Andrews<sup>g</sup>, D.B. Barr<sup>h</sup>, D.E. Camann<sup>i</sup>, D. Diaz<sup>j</sup>, J. Dietrich<sup>k</sup>, A. Reyes<sup>l</sup>, P.L. Kinney<sup>m</sup>

<sup>a</sup>Columbia Center for Children's Environmental Health, Mailman School of Public Health, Columbia University, New York, NY 10032, USA  
<sup>b</sup>Centers for Disease Control and Prevention, National Center for Environmental Health, Division of Laboratory Sciences, Atlanta, GA, USA  
<sup>c</sup>Southwest Research Institute, San Antonio, TX, USA

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#### Abstract

Adverse birth outcomes and also more likely to be exposed to tobacco smoke (ETS), benz[a]pyrene [BaP], other ambient residential pesticides. The Columbia Center for Children's...  
Study design. This study was conducted as a partnership between Oregon Health and Science University (OHSU) and the Oregon Child Development Coalition (OCDC), which is the grantee for Oregon Migrant Head Start. A cross-sectional design was employed to collect serial samples of urine from preschoolers attending Head Start programs at three centers operated by OCDC in the communities of Hood River, The Dalles, and Corvallis. For comparison purposes, a reference sample of preschool-age Hispanic children who live in an urban area, Portland, and whose parents did not work in agriculture, was also assembled. Urine was collected from the agricultural communities during June–September 2001, at the beginning, mid-point, and end of each work season. The timing of the sampling varied in each community depending on the time that the farmworkers began to arrive in the community, enrolled their children in Head Start programs, and started work harvesting crops. In the reference community group, samples of urine were collected during July and November 2001.

Keywords: Birth outcomes; PAH; Prenatal

## Children's Health | Article

### Variation in Organophosphate Pesticide Metabolites in Urine of Children Living in Agricultural Communities

William E. Lambert<sup>1</sup>, Michael Lasarev<sup>2</sup>, Juan Muniz<sup>2</sup>, Jennifer Scherer<sup>3</sup>, Joan Rothlein<sup>1</sup>, Juanita Santana<sup>3</sup>, and Linda McCauley<sup>4</sup>

<sup>1</sup>Center for Research on Occupational and Environmental Toxicology, Oregon Health and Science University, Portland, Oregon, USA  
<sup>2</sup>School of Nursing, University of Pennsylvania, Philadelphia, Pennsylvania, USA; <sup>3</sup>Oregon Child Development Coalition, Wilsonville, Oregon, USA

Children of migrant farmworkers are at increased risk of exposure to organophosphate pesticides because of "carry-home" transport processes and residential location. Although this at-risk status is generally recognized, few available reports describe the extent of this exposure among agricultural communities. We quantified dialkyl phosphate (DAP) levels in serial samples of urine from 176 children, 2–6 years of age, in three Oregon communities housing differing agricultural industries: pears, cherries, and fruit berries. Up to three spot samples of urine were collected from children at the beginning, mid-point, and end of their parents' work seasons. The median levels of dimethylthiophosphate (DMTP), the most commonly detected metabolite, was significantly higher in urine samples from children in each of the three agricultural communities (175, 193, and 41.0 ng/mL) relative to a reference group of children who live in an urban community and whose parents did not work in agriculture (6.3 ng/mL; Kruskal-Wallis,  $p < 0.001$ ). After controlling for age, sex, and weight, the median level of DMTP in children in the pear community was 1.92 times higher than the level in children of the berry community (95% confidence interval [CI], 1.14–3.23) and 1.75 times higher than the level in children of the cherry community (95% CI, 0.95–3.23). We observed increasing levels of DMTP across the work season only within the berry community. Levels decreased in the cherry community and remained constant in the pear community. Substantial temporal variation within the children followed demonstrates the need for multiple urine samples to most accurately characterize longer term and/or cumulative exposure. The observed variability in urinary DAP levels, between communities and over time, could be attributed to the type and amounts of organophosphate pesticides used, the timing of applications and degradation of residues in the environments, work operations and hygiene practices, the proximity of housing to orchards and fields, or the movement of these working families. Additional studies of variation in pesticide exposure across agricultural regions are needed. Key words: agricultural; children; farmworkers; pesticides. *Environ Health Perspect* 113:584–588 (2005). doi:10.1289/ehp.6099 available via <http://dx.doi.org/> [Online 19 January 2005]

Measurement of dialkyl phosphate (DAP) compounds in urine has been used to assess exposure to organophosphate pesticides (OP) in children living in rural agriculture settings (Aznaf 1999; Carl et al. 2002; Koch et al. 2002; Loewenthal et al. 1997; Lu et al. 2000; Shaha et al. 2003) and more recently in urban communities (Carl et al. 2003; Lu et al. 2001). These biomarkers provide an integrated estimate of exposure received through ingestion, inhalation, and dermal absorption during the 24-hr period preceding testing (Feldman and Malsbary 1974; Loewenthal et al. 1997). Because the analytical method used to quantify urinary DAP is relatively new and technically difficult (Mazze et al. 1999), data on the extent of OP exposure in various types of communities are limited.

Children have been the focus of many exposure assessments because their activity patterns, behavior, and diet lead to increased risk of exposure relative to adults (Eskandari et al. 1999). The sensitivity of developing organ systems, specifically the brain and central nervous system, and immature detoxification and elimination capacities further increase children's risk for adverse health

#### Materials and Methods

Study design. This study was conducted as a partnership between Oregon Health and Science University (OHSU) and the Oregon Child Development Coalition (OCDC), which is the grantee for Oregon Migrant Head Start. A cross-sectional design was employed to collect serial samples of urine from preschoolers attending Head Start programs at three centers operated by OCDC in the communities of Hood River, The Dalles, and Corvallis. For comparison purposes, a reference sample of preschool-age Hispanic children who live in an urban area, Portland, and whose parents did not work in agriculture, was also assembled. Urine was collected from the agricultural communities during June–September 2001, at the beginning, mid-point, and end of each work season. The timing of the sampling varied in each community depending on the time that the farmworkers began to arrive in the community, enrolled their children in Head Start programs, and started work harvesting crops. In the reference community group, samples of urine were collected during July and November 2001.

Study sites. The communities selected for study are geographically separate and differ in the type of agricultural industry. Hood River primarily produces pears but also produces apples. Hood River is located along the Willamette River. The communities selected for study are geographically separate and differ in the type of agricultural industry. Hood River primarily produces pears but also produces apples. Hood River is located along the Willamette River. The communities selected for study are geographically separate and differ in the type of agricultural industry. Hood River primarily produces pears but also produces apples. Hood River is located along the Willamette River.

This work was supported by the National Institute of Environmental Health Sciences (NIH) through a Community-Based Prevention/Intervention Research Program grant (R01 ES087877; L.M., Principal Investigator). We are solely responsible for the contents of this article. The authors declare they have no competing financial interests.

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## NeuroToxicology

### Concentrations of Environmental Chemicals Associated with Neurodevelopmental Effects in U.S. Population

Larry L. Needham<sup>a</sup>, Dana B. Barr, Samuel P. Caudill, James L. Pirkle, Wayman E. Turner, John Osterloh, Robert L. Jones, Eric J. Sampson

<sup>a</sup>Chief, Organic Analytical Biology Branch, Mailstop F17, National Center for Environmental Health, Centers for Disease Control and Prevention, Atlanta, GA 30341-7274, USA

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Available online 11 January 2005

#### Abstract

Humans are exposed to many environmental chemicals, some of which can potentially affect neurodevelopment. Fetuses, infants, and young children are the most susceptible to the effects of these chemicals. As part of the National Health and Examination Survey, 1999–2000, the Centers for Disease Control and Prevention analyzed biological samples from many of these chemicals in a representative sampling of the U.S. population. Concentration data of selected metals, persistent organic pollutants, organophosphorus and carbamate insecticides, and cocaine are presented. For example, the 95th percentile estimates for serum total PCBs (body weight) in the population aged 20 years and older is about 2.7 ng/g. The 95th percentile estimates for serum dioxin total toxic equivalence in the U.S. population aged 20 years and older is between 40 and 50 pg/g lipid basis. In general, human levels of these chemicals are decreasing over time in the U.S. population. This reflects the effects of legislation, industry efforts, and changes in lifestyle patterns in the U.S. population. These data will continue to be collected in 2-year cycles and that allow changes in human levels to be followed. © 2004 Elsevier Inc. All rights reserved.

Keywords: NHANES; Biomonitoring; POPs; Lead; Pesticides; CDC

#### INTRODUCTION

One of the main benefits of recurrent biological monitoring (biomonitoring) of environmental chemicals in a representative human population is that we can ascertain if exposure to these chemicals is changing in that population. The National Health and Nutrition Examination Survey (NHANES), which is conducted by the National Center for Health Statistics (NCHS) of the Centers for Disease Control and Prevention (CDC), includes the collection of human specimens, primarily blood and urine, for such a biomonitoring program. The sampled population is a complex, stratified, multistage probability

sample of the civilian, non-institutionalized U.S. population. NHANES includes detailed history, physical, and laboratory examinations. In 1999, NHANES became a continuous survey. The biomonitoring portion of NHANES is performed in the Division of Laboratory Sciences, National Center for Environmental Health, CDC in collaboration with NCHS. The biomonitoring data are compiled every 2 years as an assessment of the exposure of the U.S. population to selected environmental chemicals. The 1999–2000 sample design included targeted oversampling of African Americans, Mexican Americans, adolescents (aged 12–19 years), older Americans (aged 60 years and older), and pregnant women to produce more reliable estimates for these groups. In 2004, targeted sampling of low-income whites was also included. Because of this targeted sampling, the concentration data are weighted to reflect the degree of over-

## Environmental Toxicants and Developmental Disabilities

### A Challenge for Psychologists

Susan M. Koger  
Ted Scheitler  
Bernard Weiss  
Willamette University  
Boston Medical Center  
University of Rochester Medical Center

Developmental, learning, and behavioral disabilities are a significant public health problem. Environmental chemicals can interfere with brain development during critical periods, thereby impacting sensory, motor, and cognitive function. Because regulation in the United States is based on limited testing protocols and essentially requires proof of harm rather than proof of lack of harm, some undefined fraction of these disabilities may reflect adverse impacts of this "vast toxicological experiment" (H. L. Needleman, as quoted in B. Weiss & P. J. Landrigan, 2000, p. 373). Yet the hazards of environmental pollutants are inherently preventable. Psychologists can help prevent developmental disabilities by mobilizing and affecting public policy, education and informing consumers, contributing to interdisciplinary research efforts, and taking action within their own homes and communities to reduce the toxic threat to children.

more difficult for individuals with learning disabilities to hold employment, learn new skills, and work with others (Alexander, 1996). The learning disabled are often socially alienated and may be at a greater risk for suicide than others (McBride & Siegel, 1997). They may be more likely to enter the criminal justice system for delinquency and adult criminal behavior (Dickman, 1996; Eggleston, 1996), possibly because of academic difficulties that lead many to drop out of school (McGee, 1996). Similar consequences including vocational difficulties and mood and anxiety disorders are associated with attention-deficit/hyperactivity disorder (American Psychiatric Association, 2000; Fletcher & Shaywitz, 1996). In general, developmental disabilities frequently co-occur with anxiety disorders and a variety of psychiatric conditions affecting emotion, mood, and behavior (e.g., Arthur, 2003; Dekker & Koot, 2003; Ollendick, Oswald, & Ollendick, 1993). The developmentally disabled may also manifest greater morbidity and be

likely to manifest mental or neurodegenerative disorders as adults or in old age (Davies et al., 2003). In addition, the families of children with disabilities serious emotional and financial costs (Wilton & Reilly, 1986). For example, having a disabled child can easily strain family dynamics (Dyson, 1996), motivate the family to seek professional counseling; parents, cially mothers, often present with depression (Smith, cent, Boyce, & Smith, 1993); and utilizing special ational and therapeutic services (e.g., psychological,

M. Koger, Department of Psychology, Willamette University, Tedler, Science and Environmental Health Network, Boston Medical Center, Bernard Weiss, Department of Environmental Medicine, University of Rochester Medical Center.  
Portions of this article were presented by Susan M. Koger (SMK) at 20th Annual Convention of the American Psychological Association, Maui, Hawaii, July 2004. We appreciate the comments of Deborah DeWester and Jim Friedrich on earlier versions of this article, and acknowledge the receipt of Attention Faculty Development and Time Awards from Willamette University, which partially support this work.

Correspondence concerning this article should be addressed to Susan Koger, Department of Psychology, Willamette University, 900 State St., Salem, OR 97301. E-mail: skoger@willamette.edu  
Throughout this article, the generic term developmental disabilities collectively to these three categories of disabilities.

\* Corresponding author. Tel.: +1 770 488 4598; fax: +1 770 488 4546; E-mail address: needham@cdc.gov (L.L. Needham).



# Pesticide Exposure and Cognitive Ability in Children

An Anthropological Approach to the Evaluation of Preschool Children Exposed to Pesticides... Page 1 of 8

Environmental Health Perspectives Volume 106, Number 6, June 1998

## An Anthropological Approach to the Evaluation of Preschool Children Exposed to Pesticides in Mexico

Elizabeth A. Guillelte,<sup>1</sup> Maria Mercedes Meza,<sup>2</sup> Maria Guadalupe Aquilar,<sup>2</sup> Alma Delia Soto,<sup>2</sup> and Idalia Enequina Garcia<sup>2</sup>

<sup>1</sup>Bureau of Applied Research in Anthropology, University of Arizona, Tucson, AZ 85721 USA

<sup>2</sup>Dirección de Investigación y Estudios de Postgrado, Instituto Tecnológico de Sonora, Obregón, Sonora, México

- Introduction
- Materials and Methods

Available

Valley



51-Month-old female



55-Month-old female



51-Month-old female



55-Month-old female

...in addition, it is easy to assume that the child has experienced no additional deleterious exposures, especially with longitudinal studies involving the initial study cohort. Studies performed in this manner indicate that in utero and lactational exposure to polychlorinated biphenyls (PCBs) impairs mental and motor abilities, including a lowering of intelligence (1). Multiple birth defects also have been associated with maternal exposure to chlordane (Dursban) (2).

Other studies take an analytical epidemiological approach, investigating health changes over a period of time. This avoids single agent paradigms, instead substituting environmental change as the causative factor. Assorted population changes, ranging from a decline in the proportion of males being born in Denmark to a temporal rise in general cancer rates among younger children (3) have been investigated with this approach. Other studies indicate apparent increases in cryptorchidism and testicular cancer over time, during which unknown environmental change has occurred (4). Contamination is a suspected major environmental contributor, but cannot be definitively identified (5). Also, each population under study incorporates a host of varied biological, social and technological factors that influence the environment.

<http://ehp.niehs.nih.gov/members/1998/106p347-353guillette/guillette-full.html>

1/18/2006



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NeuroToxicology

## Neurobehavioral Performance in Preschool Children from Agricultural and Non-Agricultural Communities in Oregon and North Carolina

Diane S. Rohlman<sup>1,\*</sup>, Thomas A. Arcury<sup>2</sup>, Sara A. Quandt<sup>2</sup>, Michael Lasarev<sup>1</sup>, Joan Rothlein<sup>1</sup>, Rachelle Travers<sup>3</sup>, Alys Tamulinas<sup>3</sup>, Jennifer Scherer<sup>1</sup>, Julie Early<sup>2</sup>, Antonio Marin<sup>2</sup>, Jacki Phillips<sup>2</sup>, Linda McCauley<sup>4</sup>

<sup>1</sup>Center for Research on Occupational and Environmental Toxicology, Oregon Health & Science University, 3181 Sam Jackson Park Road, Portland, OR 97239, USA

<sup>2</sup>Wake Forest University School of Medicine, Winston Salem, NC, USA

<sup>3</sup>Oregon Child Development Coalition, Wilsonville, OR, USA

<sup>4</sup>University of Pennsylvania, PA, USA

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Available online 12 January 2005

### Abstract

Organophosphate (OP) pesticides produce acute toxic effects but little is known about low-level chronic exposures. Latino children of agricultural workers have a high risk of exposure to pesticides because of the close proximity of their homes to fields where pesticides are applied and from take-home exposure. Neurobehavioral performance of preschool children from agricultural (AG) communities was compared to performance of those from non-agricultural (Non-AG) communities in Oregon and North Carolina. Seventy-eight children aged 48–71 months completed a battery of neurobehavioral tests two times, approximately 1 month apart. Multiple regression revealed that the AG children performed poorer on measures of response speed (Finger Tapping) and latency (Match-to-Sample) compared to the Non-AG children. These results demonstrate modest differences in AG children compared to Non-AG children that are consistent with functional effects seen in adults exposed to low concentrations of OP pesticides. Just as was the case following early research on adults poisoned by pesticides, this study points to the need for additional investigations to test the hypothesis that low-concentration OP exposures affect acquisition of test performance, response speed and latency in children of agricultural workers.

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Keywords: Neurobehavioral tests; Children; Agriculture; Latino; Hispanic

### INTRODUCTION

Children can experience chronic low-concentration pesticide exposures that may cause effects not evident in routine clinical examinations (Landrigan, 2001). Children are particularly vulnerable to effects of pes-

ticide exposure because of the rapid development of their organ systems and specific behaviors (e.g., increased time spent crawling and hand to mouth activity) that may increase their exposure (CDC, 2002; Cohen Hubal et al., 2000; Reed et al., 1999). Pesticide exposure can come from a variety of sources including diet, drinking water (Fenske et al., 2000; MacIntosh et al., 1996) and both indoor and outdoor residential use (Azaroff, 1999; Fenske et al., 2002; Lu et al., 2001).

\* Corresponding author. Tel.: +1 503 494 2514;

fax: +1 503 494 4278.

E-mail address: rohlmand@ohsu.edu (D.S. Rohlman).

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# Objectives of Current Study

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- 1. Examine the impact of chronic routine exposure to pesticides on cognitive and motor performance in children between 7 and 12 years of age, including memory performance, executive function performance, motor performance, and performance on school-related achievement tests.**
- 2. Measure the concentration of several pesticides and cholinesterase in the blood or urine in children between 7 and 12 years of age and examine associations between pesticide and cholinesterase concentration and cognitive and motor performance.**



# Red River Valley





# Pesticides in North Dakota

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# Participants

**Pesticide Group= 64 children and their parents living on or next to an active farm or field**

**Control Group= 68 Children and their parents living at least one mile from an active farm or field**



**UND** University of  
North Dakota

Research participants needed for a study examining the impact of pesticides on cognition in children ages 7-12.

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Call Dr. Patricia Moulton at 701-777-6781 for more information.



# Measurements- Children

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## Physiological

Height and Weight

Blood and Urine- pesticides, cholinesterase, trace minerals

## Motor

Grooved Pegboard Test

Benton Visual Retention Test

Finger Tapping Test

Hand-eye Coordination Test

## Cognitive

Wechsler Intelligence Scale for Children-IV

California Verbal Learning Test for Children

Verbal Fluency Test

Continuous Performance Test

Wisconsin Card Sorting Test

Wechsler Individual Achievement Test- 2<sup>nd</sup>  
ed- Reading & Listening Comprehension



# Measurements- Parents

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## Cognitive

Wechsler Adult Intelligence Scale-III  
Vocabulary & Block Design

## Behavioral

Child Behavior Checklist  
ADHD Rating Scale-IV

## Nutritional Status

NIH Diet History Questionnaire  
Food Security module  
24-Hour Dietary Recall

## Developmental

Tanner Pubertal Development Test  
Developmental Milestones

## Environmental

Pesticide use and exposure questionnaire  
Surveys on family and child medical history, sleep, occupation, income, education level



# Measurements- Teachers

## Behavioral

Teacher Report Form for Child Behavior Checklist

Teacher Report Form for ADHD Rating Scale-IV



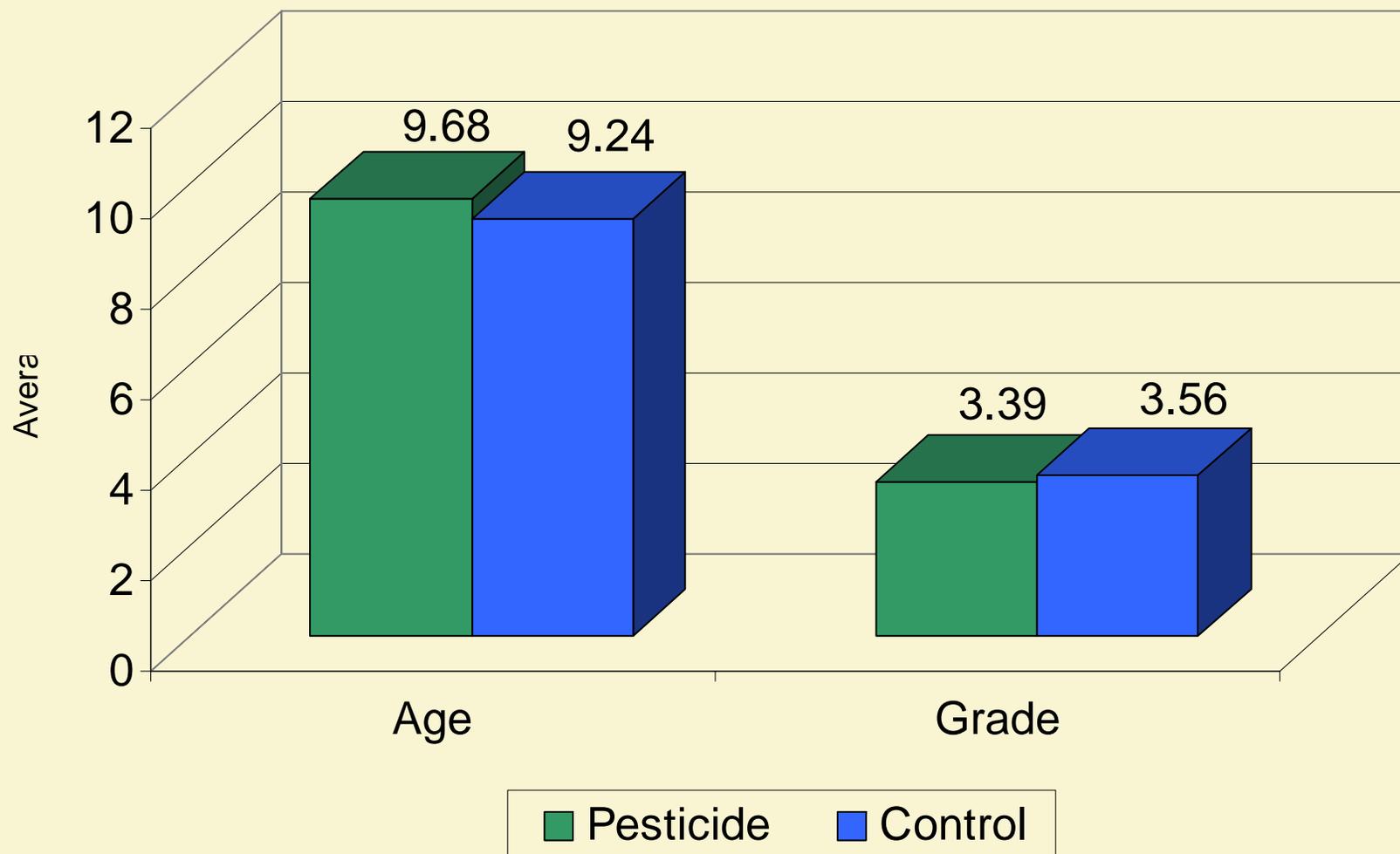


# Preliminary Intelligence Test Results



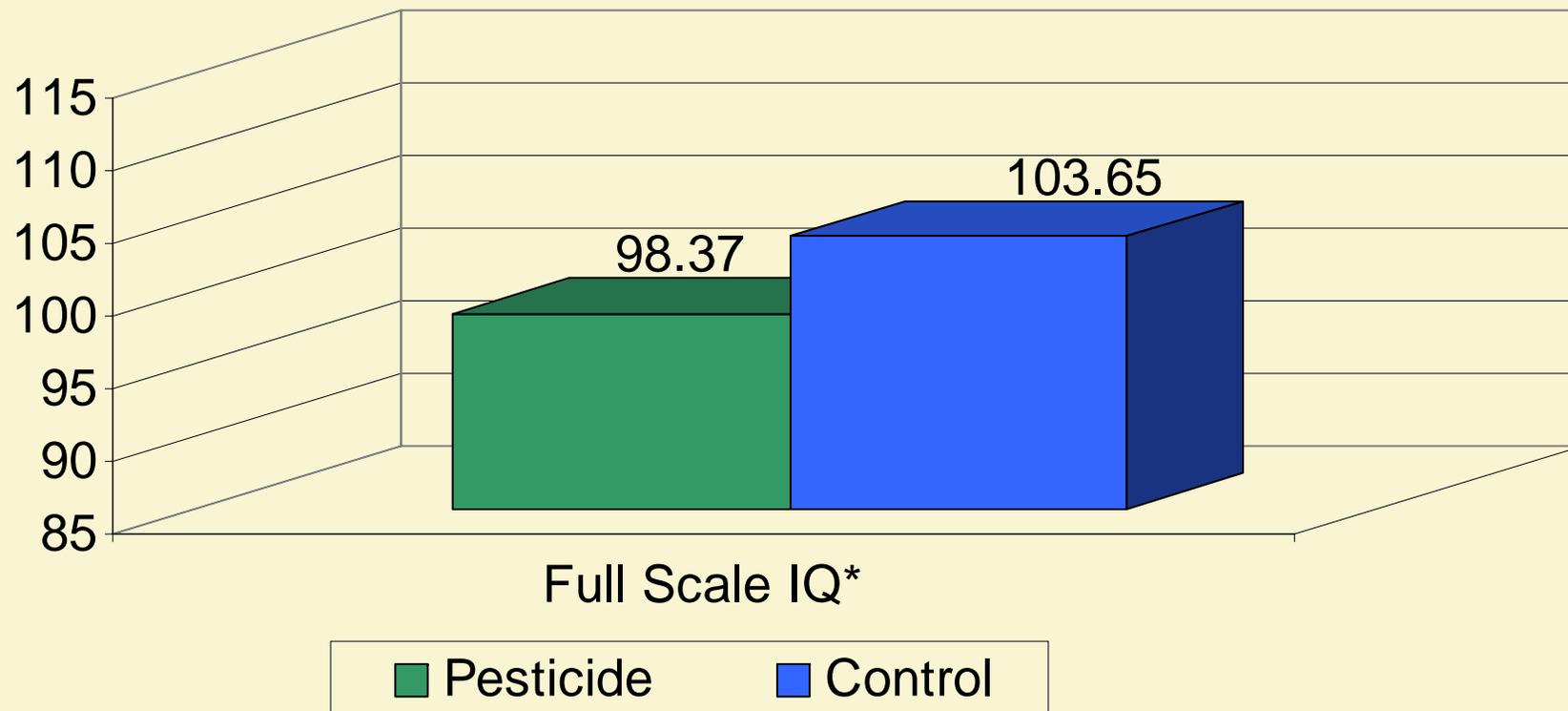


# Child Demographics



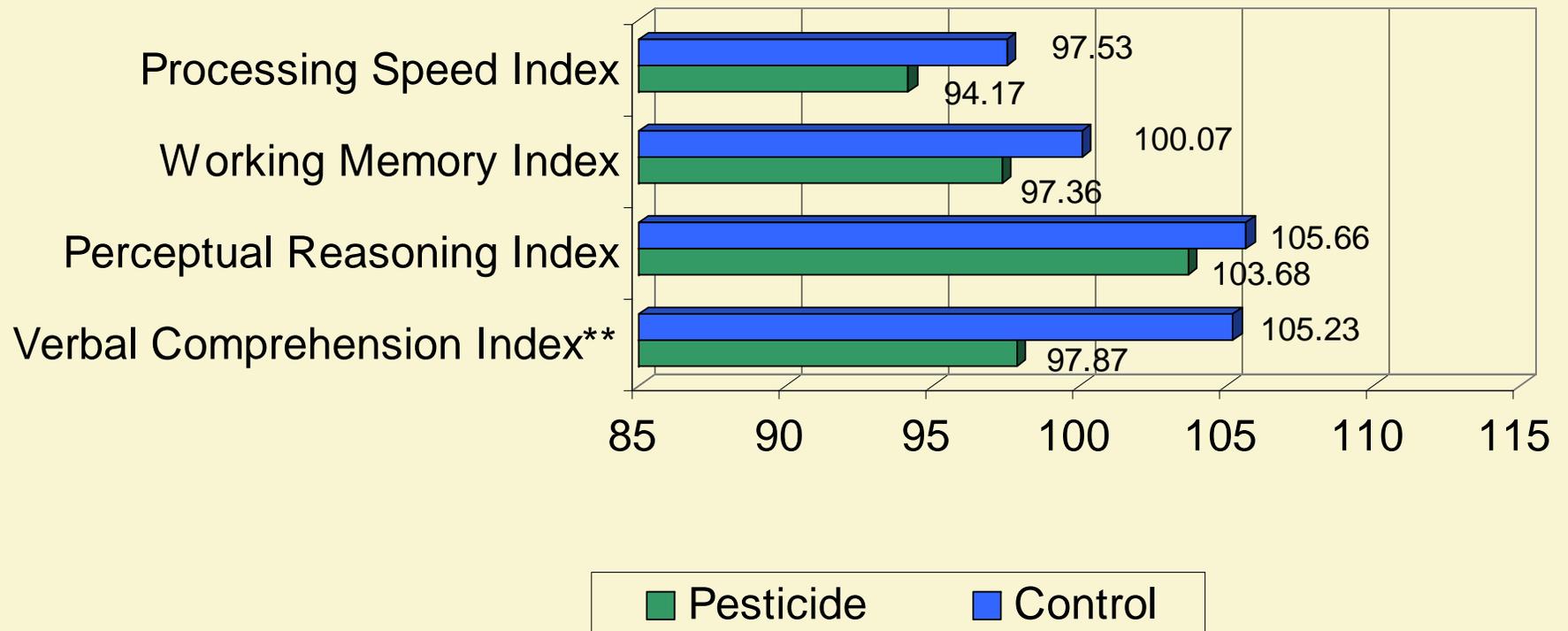


# Child Full-Scale IQ



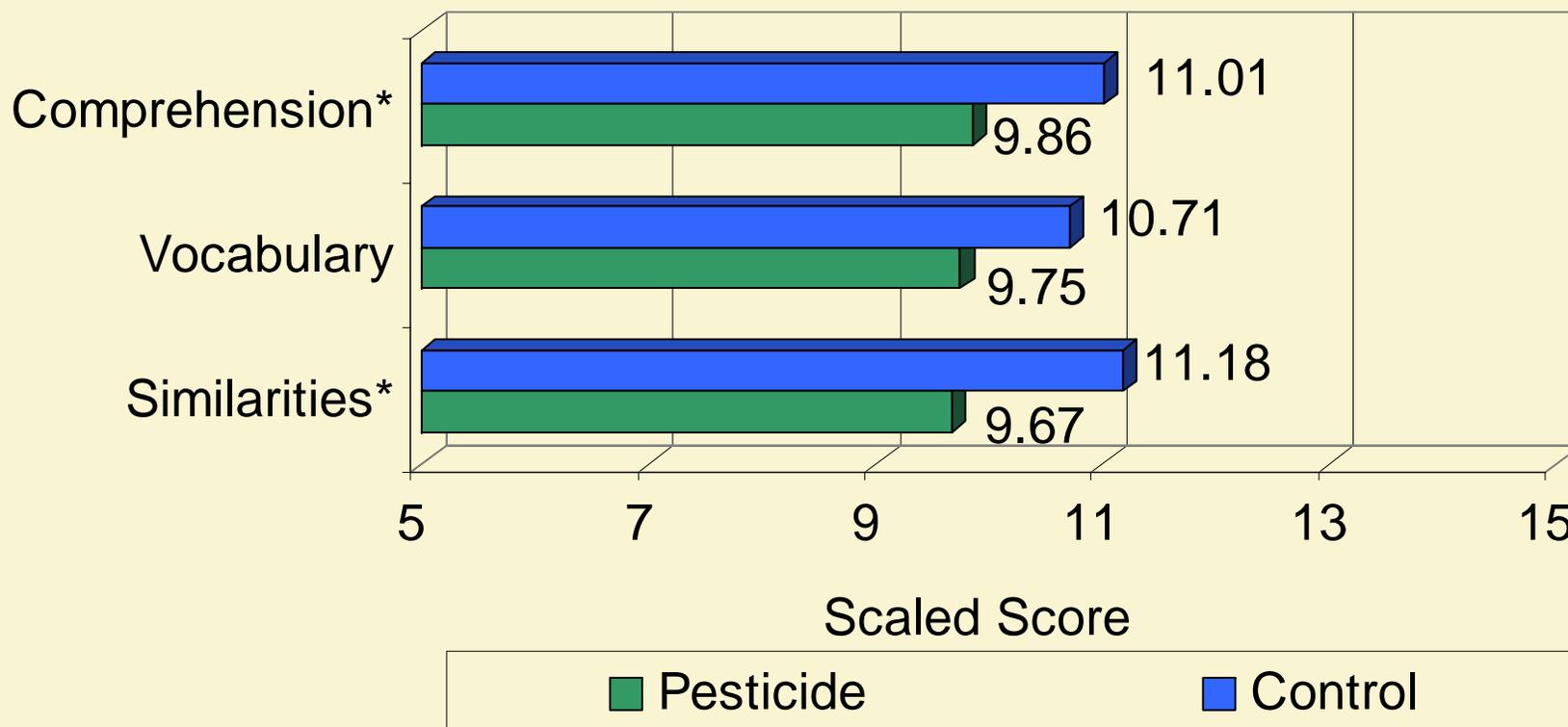


# Child IQ Composite Scores



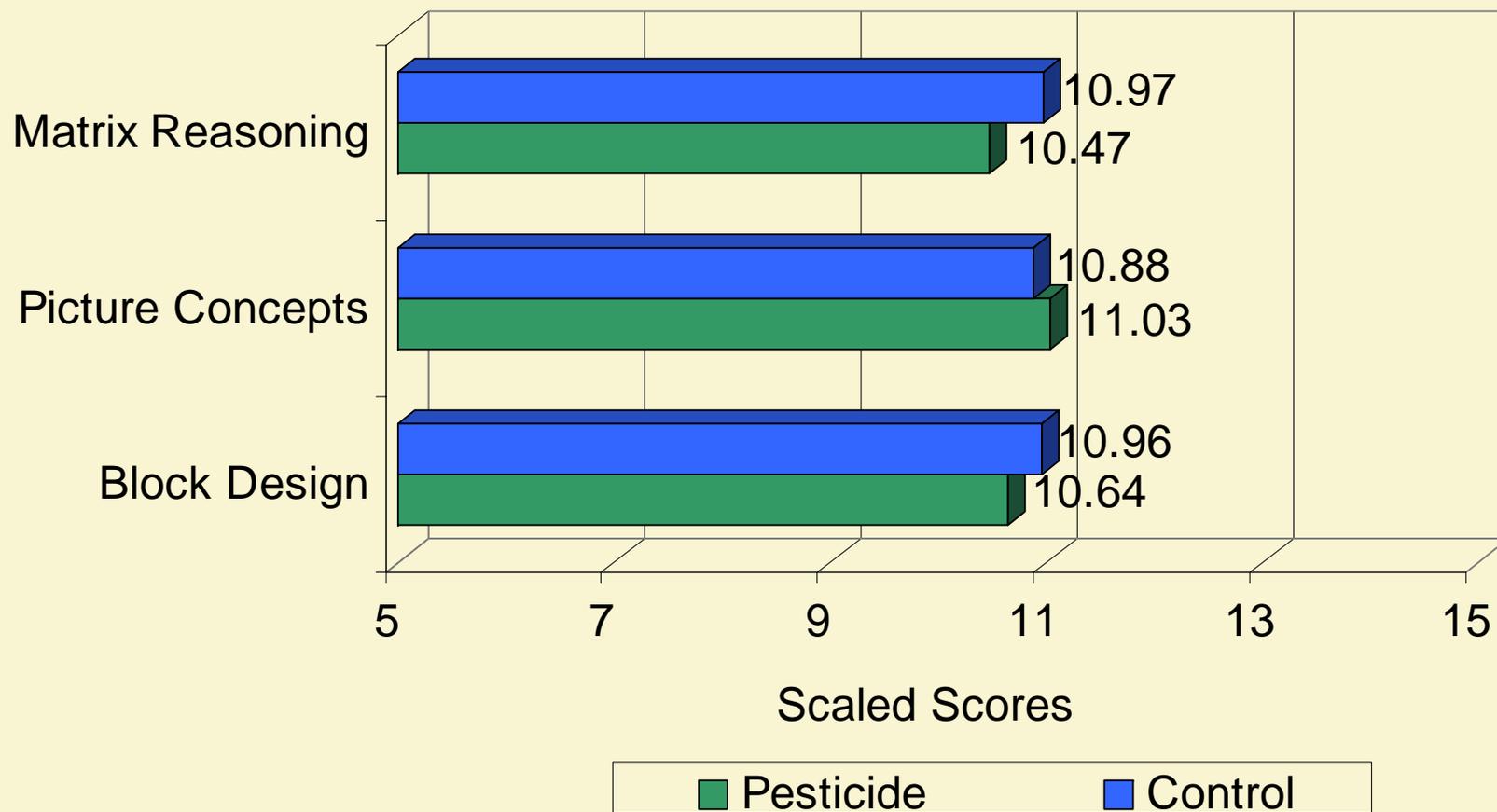


# Verbal Comprehension Scores



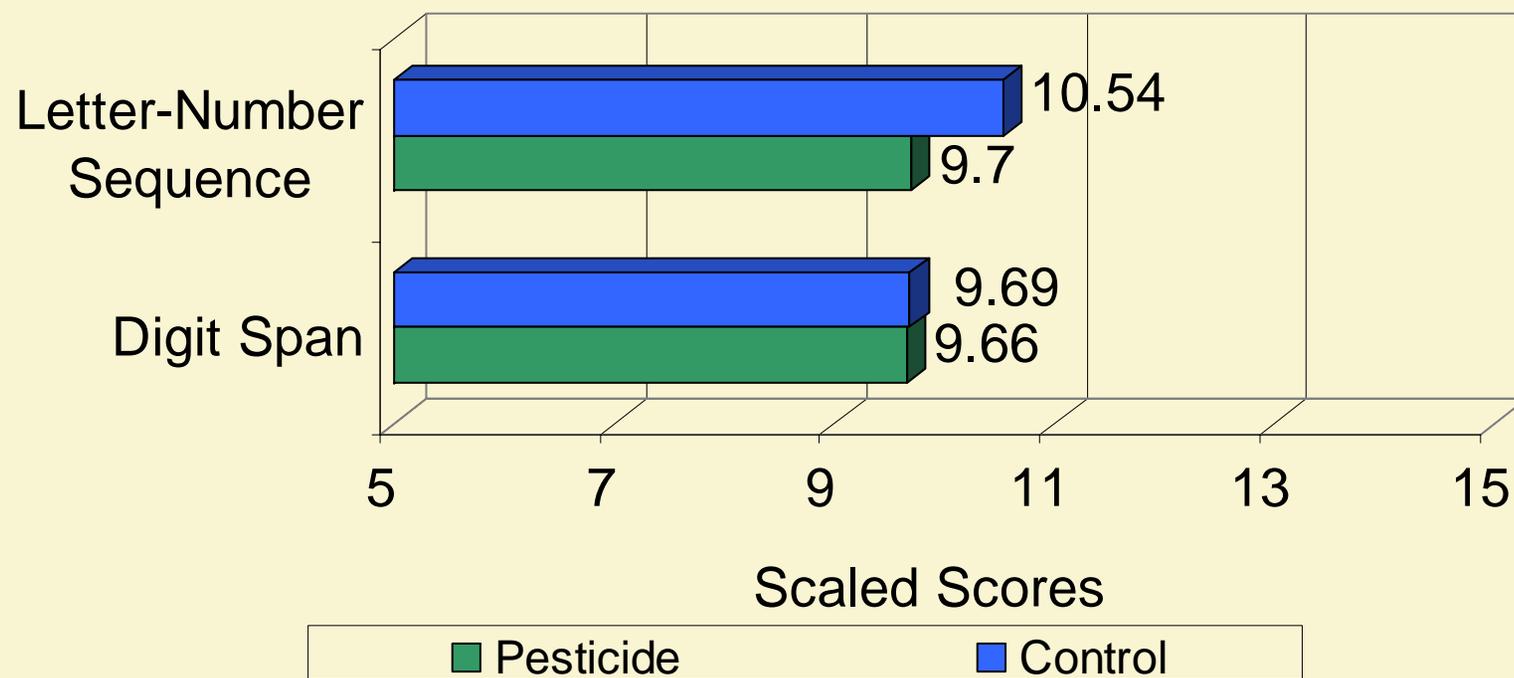


# Perceptual Reasoning Scores



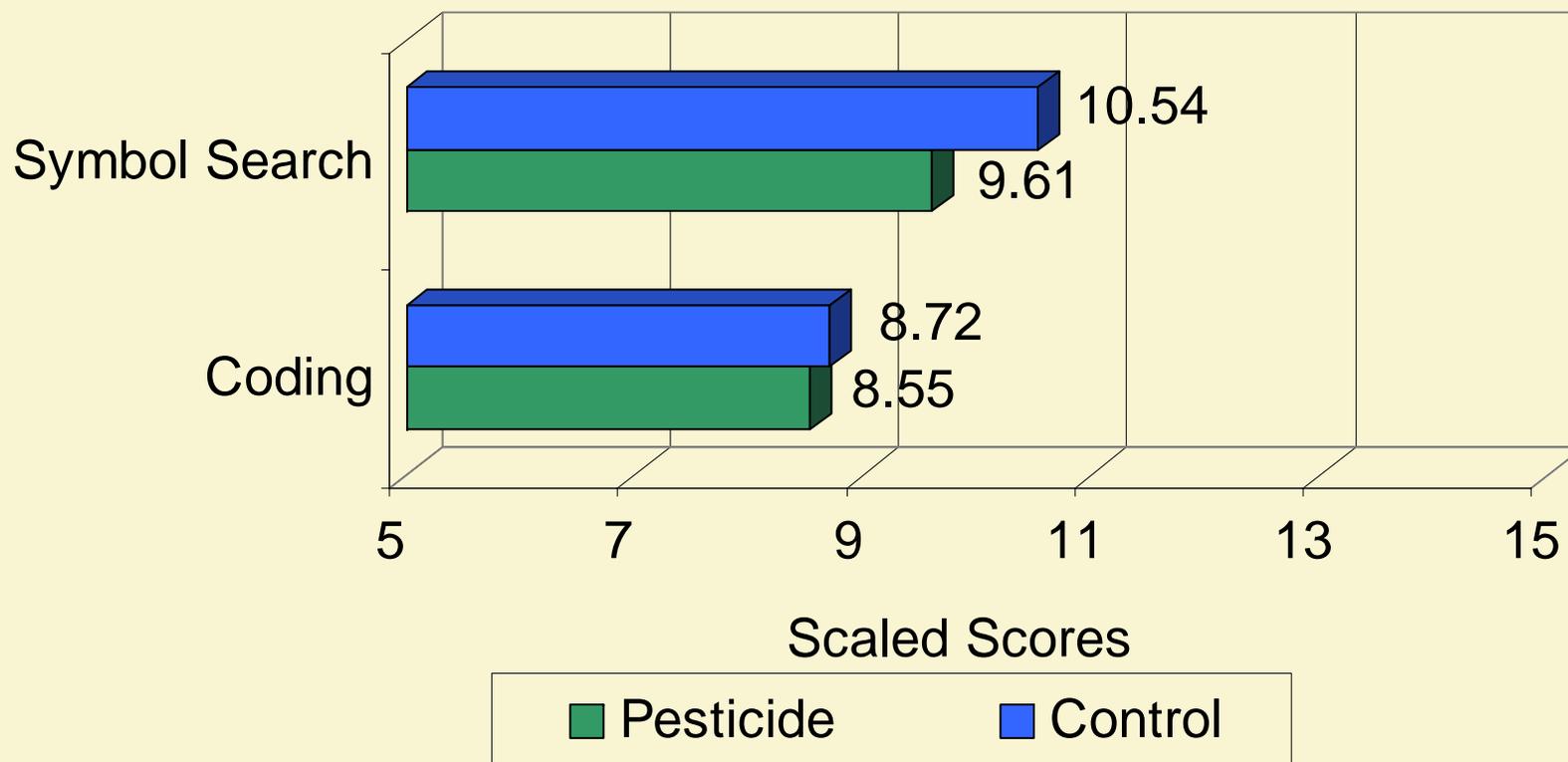


# Working Memory Scores



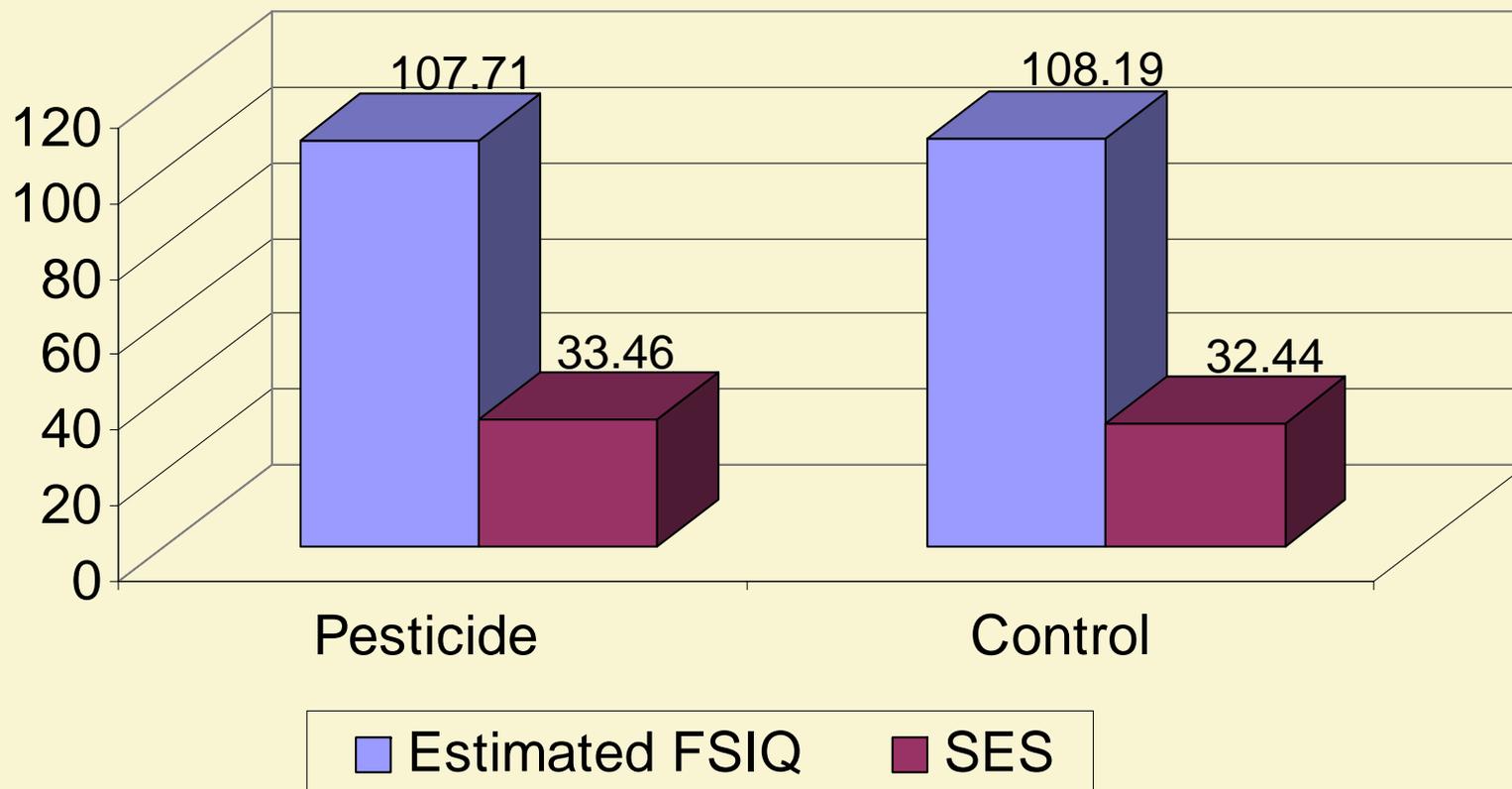


# Processing Speed Scores





# Parents Estimated Full Scale IQ



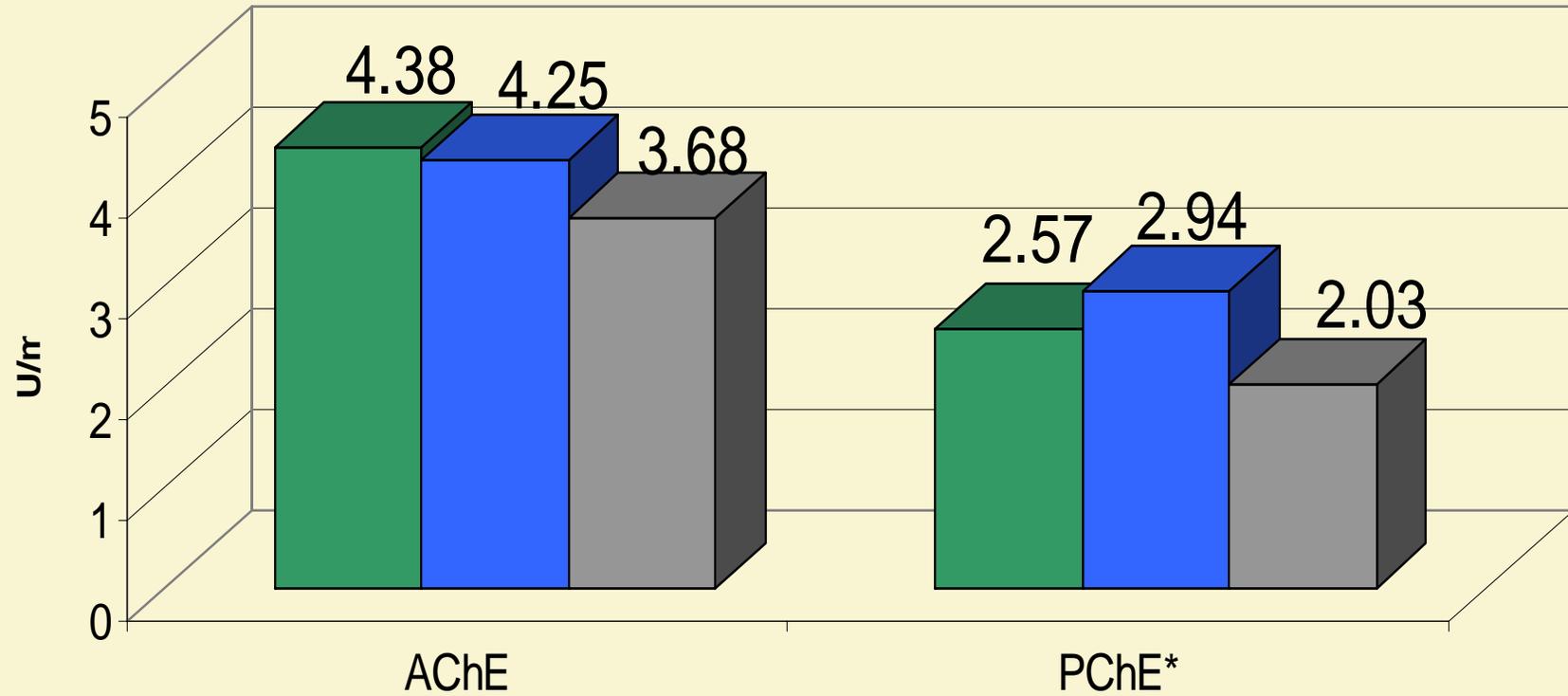


# Preliminary Biological Measurements





# Cholinesterase Concentrations



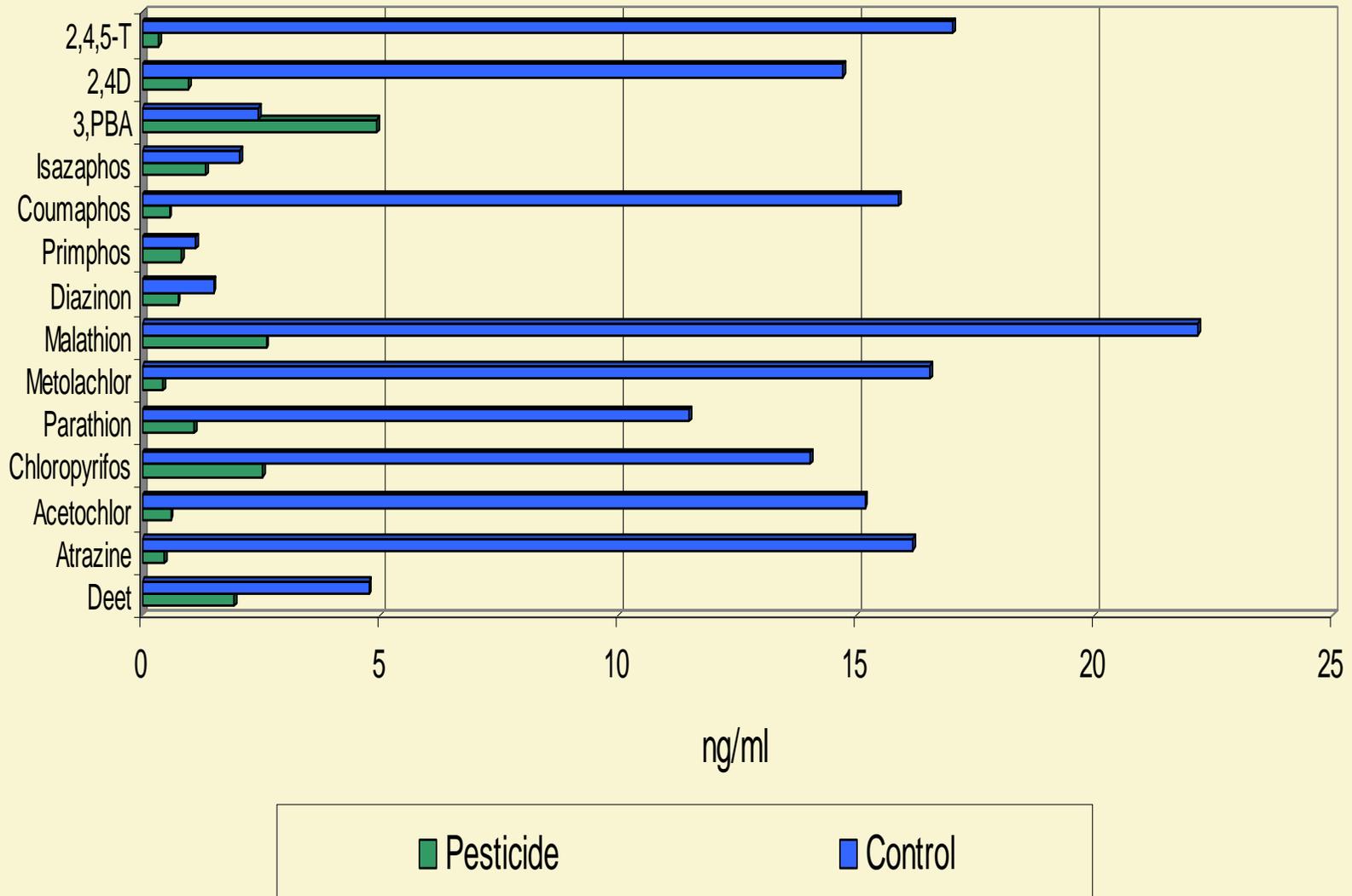
■ Pesticide

■ Control

■ Adult Blood Bank Donors

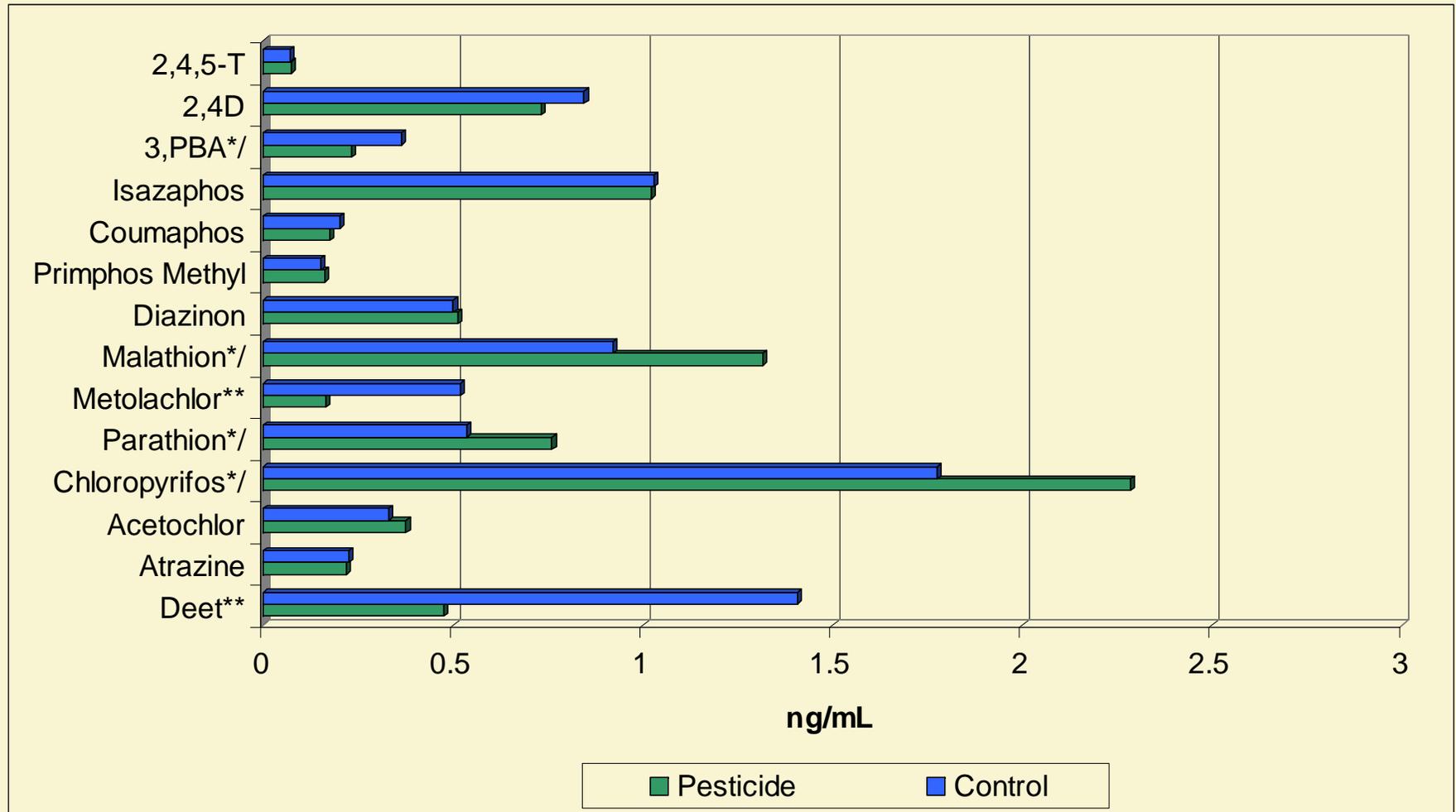


# Acute Pesticide Analysis (Means)





# Acute Pesticide Analysis (Corrected Means)





## Preliminary Conclusions

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- A decrease in IQ was found in children living in areas of a great amount of pesticide use.
- This decrease was independent of parents IQ and their socio-economic status.
- There is evidence of exposure to pesticides based on acute urine measurements.
- Once the chronic blood pesticide measurements are available we will have a clearer picture.



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University of North Dakota  
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<http://medicine.nodak.edu/crh>

For more information contact:

Center for Rural Health  
University of North Dakota  
School of Medicine and Health Sciences  
Grand Forks, ND 58202-9037



Tel: (701) 777-3848

Fax: (701) 777-6779



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